

# ANNA-HELENA McLEAN

## CURRICULUM VITAE



**Nationality:** British (half Danish)

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## EDUCATION

- **PhD candidate** in Performance Practice Guildhall School of Music & Drama
- 1997-2000: **Upper Second Class BA Hons Degree in Drama and Music**, Royal Holloway, University of London
- 1996: **Distinction, Grade 8 Cello**

## SELECT EMPLOYMENT HISTORY

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**2020 - 2021:** Artist in residence with **Explore the Arch** (an interdisciplinary collective), East Sussex

**2019 - present:** Music Leader for **Resonant Tails** (extended voice training for children with Multiple and Profound Learning Disabilities) for Tract and Touch, Schools in UK

**2018:** Visiting Lecturer in **Polyphonic Song** (MA Actor Performer Training), Rose Bruford College

**2015 - 2018:** Part-Time Lecturer for 3rd Year **Vocal and Choral Studies**, Winchester University

**2017 - 2019:** Visiting Lecturer in **Physio-vocality and The Extended Voice**, Wolverhampton University

**2007 - present:** Visiting Lecturer in the **ACT Ensemble Practices** across Universities including Kent, Falmouth, Exeter, Huddersfield; Edinburgh CollegE, Volda University College Norway; Schools including National School of Drama Delhi, DePaul School of Theatre Chicago, Yale School of Drama NYC, Central School of Speech & Drama London, East 15, Fourth Monkey Physical Theatre, Circomedia

**2006 - 2012:** Ensemble lead/Devising Performer/Facilitator, **The Awake Projects** a music-theatre-circus based enterprise combining the arts and health for social change, Sweden

**2006 - 2013:** Visiting Director in **Ensemble Training and Classical Text** (3rd Year BA & MA Acting), Royal Conservatoire Scotland

**2000 - 2007:** Full time multi-disciplinary practitioner and facilitator, **Gardzienice Centre for Theatre Practices, The Gardzienice Academy** for Theatre Practices and **The Ancient Greek Orchestra** (Orkiestra Antyczna), Poland

## SELECTED PERFORMANCES

**2020:** Performer/Composer **Spirited** as artist-in-residence with Explore the Arch, a theatre house in St. Leonards-on-Sea

**2019:** Performer/Facilitator **The Wig Show** produced by Tract and Touch, London & Sweden

**2016:** Director/Cellist **Madame Butterfly** produced by Ignacio Joaquin Productions, London

**2014 - 2015:** Director/Composer/Trainer **STORM** Arts Council England & MacArthur Foundation funded, London/Chicago

**2014 - 2015:** Actor/Musician **King Charles III** multi award winning West End / Broadway / BBC Radio / BBC4 series drama, produced by Sonia Friedman, directed by Rupert Goold, London

**2014:** Composer/Ensemble training/Voice coach **Glasgow Girls** produced by NTS

**2014:** Director **STORM for Libraries** produced by the Birthplace Trust for Shakespeare Week

**2013:** Actor/Musician **How to be Immortal** produced by Penny Dreadful, directed by Kirsty Housley (Complicite), UK

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- 2012 - 2016:** Composer/Performer *Titania - A Solo Cabaret* MTN Award nominated, produced by Chicago Shakespeare, touring nationally & internationally: CPR 'Giving Voice' Festival 2015, Scottish Highlands (Helena Richardson) 2014
- 2012:** Facilitator/Conductor *Awake Youth* a physical and orchestral show about health, for an audience of over 1000 school children Concert Hall Västerås, Sweden
- 2011:** Composer/Facilitator/Performer *Peer Gynt* produced by The North Wall, Oxford
- 2011:** Composer/Musician *Old Roots/New Routes* Old Vic New Voices. London Bridge Tunnels
- 2010:** Director ACT Youth adaptation of *Romeo and Juliet* British Council funded Workshop tour of India
- 2009 - 2011:** Ensemble principal *Awake* produced by Natalie Richardson, directed by Christopher Sivertsen, London
- 2009 - 2012:** Ensemble principal/co-director *ill met by moonlight* co-produced by Trestle Touring & South Hill Park, directed by Ian Morgan (RADA), UK
- 2009:** Director/Composer *Romeo and Juliet* produced by Teaterhaus Mitte, Berlin
- 2008 - 2009:** Facilitator/Composer *Peer Gynt* Novu Sweden 2008; Platform Easterhouse, Scotland 2009
- 2008:** *Sclavi - Song of an Emigrant* directed by Viliam Docolomansky (Farm in the Cave), Prague
- 2007:** Director/Composer *The Lear* ACE Funded. The Nightingale Theatre, Brighton
- 2007:** Music and Ensemble Director *Nothing Left To Lose* Company Collisions, London International Mime Festival, London
- 2006:** Music and Ensemble Director *Arquiem* Periplum, Royal National Theatre, London
- 2006:** Actor *Yerma* directed by Helena Kowt-Hausen, London
- 2004-2007:** Principal Performer *Electra* directed by Wlodzimierz Staniewski (Gardzienice), Barbican BITE
- 2002 - 2007:** Principal Performer *Metamorfozy* or The Golden Donkey directed by Wlodzimierz Staniewski (Gardzienice), Barbican BITE 2006

## SELECT PRACTICE, PROJECTS AND TRAINING

- Currently running *ACT Sex, a female-first laboratory* and Practice as Research Project through blended on and offline facilitation, performances and critical conversation
- Director National Theatre of Scotland's *Diaspora, Archetypes in Shakespeare*, 2012
- Director *Act SEX!* Volda University College, Norway, 2011
- Guest Director *British Grotowski Project: Traces* with Ian Morgan (RADA), Jade Maravala (Zecora Ura), directed by Paul Allain. University of Kent, 2007
- *I-Thou Project* Research and Development with Prof. Loukes produced by Exeter University, 2007
- *Theatre Exchange* funded by Arts Council England research through cross-disciplinary exchange to evolve new performance practices, 2004
- *Chronicles: A Lamentation* RnD with Song of the Goat theatre, directed by Grzegorz Bral. (Brzezinka) Poland, 1999
- *Iphigenia* 2 week laboratory exchange with Grzegorz Bral, Anna Zubrzycka, produced by Alison Hodge, filmed by Arts Archives Exeter, London

## CONFERENCE PAPERS/PRESENTATIONS

- *Persephone* multi-modal lecture, *Diazoma* conference with Petros Themelis, Athens, 2017
- *Rewilding across disciplines: an interdisciplinary symposium*; lecture-presentation of *STORM*, University of Huddersfield, 2016
- *Laboratory Theatre Network: Big conversations in little rooms* produced by CPR, directed by Richard Gough. Solo lecture-presentation of *STORM* University of Falmouth, 2015

## MOST RECENT PUBLICATION

ANNA-HELENA McLEAN

CURRICULUM VITAE

**2019:** Author *The Act of Listening: Gardzienice's Mutuality Training and The ACTing Voice Theatre, Dance and Performance Training* Special issue. 10 (3)